



## Coast Guard Life Jacket Pattern

Designed and Provided by Donna Pascual  
Beginner Level



### Materials

Use 3.5 mm (E) hook.

Use orange worsted weight (#4) yarn.

### Abbreviations

sc = single crochet  
hdc = half double crochet  
inc = increase  
dec = decrease  
sts = stitches  
ss = slip stitch

### Pattern Instruction

*After each row chain1 and turn.*

Back Panel – Worked from bottom up.

Chain 11

Row 1. sc in 2nd chain and across – 10 sts

Row 2. sc across – 10 sts.

Row 3. 4 sc, dec, 4 sc – 9 sts.

Row 4. sc, dec, 3 sc, dec, sc – 7 sts

Rows 5-6. sc across

Row 7-8. 2 hdc, 3 ss, 2 hdc.

Fasten off and weave in tail.

Front Panels – **Make 2 pieces.** Worked from top to bottom

Chain 3 leaving a long tail to make a shoulder strap.

Row 1-2. sc in two sts

Row 3. sc, inc. – 3 sts

Row 4. Inc, 2 sc – 4 sts

Row 5. 3 sc, inc – 5 sts

Rows 6-8. sc across – 5 sts.

Fasten off and leave a two inch tail.

Do not weave in tails.

### Assembly

The back panel should have a dip in the center to accommodate the neck. The two front panels should have a straight side, and a curved side. The curved sides form the underarms of the vest. To create the side ties of the life jacket, attach a small piece of yarn to the bottom and middle of both sides of the three pieces. *Note:* Some edges will already have a two inch tail from where you fastened off the last stitch.



*Back Panel*



*Front Panels*



*Image of the assembled jacket opened up.*  
*NOTE: This is just an illustration that shows what the jacket will look like. Do not tie anything until the jacket is on the body.*

Arrange jacket parts around the body. You can use tapestry pins to keep the jacket in place. Using the tails from the top of the front panels, sew the top of the front panels to the back panel creating a double strand of yarn about  $\frac{3}{4}$  inch. This creates a strap over the shoulders. Fasten off the yarn and weave in the ends.



If you used pins, remove them now and position the jacket so the side ties line up. Knot the yarn together under the arms. There should be about a  $\frac{3}{4}$  inch space between the front and back pieces.



Knot the front yarn pieces together. Add a small piece of yarn to the top of the front panels and knot together. Cut off yarn ends of knots.



Coast Guardsmen wear a blue baseball cap (pattern in files) with this work uniform.

You can find the coast guard logo for the hat online.