



**HANDMADE WITH LOVE CROCHET,
KNIT, AND LOOM PATTERNS**

Questions? Contact: HWL@operationgratitude.com

#ActionsSpeakLouder

You are welcome to use your own patterns to make hats and scarves or you can use one of the patterns below.

Your finished scarves should measure between 4"-6" in width and 48" – 50" in length.

Please do NOT put a pom-pom on hats.

All patterns are designed for use with size 4 medium-weight yarn.

Crochet patterns use size 5mm - 7mm hooks.

Knit Patterns use 5mm - 7mm needles

Knit Patterns

Knitting a Hat with Circular Needles

Use a size 8 16-inch circular needle. Cast on 80-90 stitches and join the ends with a K1

Row 1-43: K1

Row 44: Until finished, k1 dcr1 k1 repeat until there are approximately 12 stitches left on the needles. Using a regular needle, bring the yarn through the last stitches and then tie off on the inside of the hat.

There are multiple variations you can use with this hat to keep it from rolling up.

Here's a simple one. After you cast on, K5, P5 for the first 5 rows, and follow the rest of the pattern above. By adding stitches when you cast on, you can make the first 5 rows in any pattern you would like!

Knit Hat with a Rib Stitch

Round 1, alternate knit and purl stitches in whatever configuration you choose (1 x 1, 2 x 2, and so on). In subsequent rounds, knit over the knit stitches and purl over the purl stitches.

Finish off your hat as noted in the above hat pattern.

Simple Knit Scarf Pattern #1

Cast On 25 stitches with a U.S. size 8 (6 mm) knitting needle.

Row 1: Knit*

*Repeat Row 1 until you've reached the desired length.

Simple Knit Scarf Pattern #2

Cast On 25 stitches with a U.S. size 8 (6 mm) knitting needle.

Row 1: Purl*

*Repeat Row 1 until you've reached the desired length.

Simple Knit Scarf Pattern #2

Cast On 25 stitches with a U.S. size 8 (6 mm) knitting needle.

Row 1: Knit

Row 2: Purl

Repeat Rows 1 and 2 until you've reached the desired length.

Crochet Patterns

ABBREVIATIONS:

CH = chain

DC = double crochet

TR = triple crochet

Simple Crochet Scarf pattern #1

Chain 130 - 140 (it should measure 48" - 50")

DC for 8 -10 rows (the width should be 4" - 6"

Fasten off and weave in tails.

Simple Crochet Scarf pattern #2

Chain 15

DC 60 - 70 rows until the scarf is 48" - 50" long

Fasten off and weave in the tails.

Simple Crochet Scarf Pattern #3

Chain 15

Row 1-3: DC

Row 4: TR

Repeat rows 1 - 4 until the scarf is 48"-50" long.

Fasten off and weave in tails.

Simple Crochet Scarf Pattern #4

Chain 15

Row 1-3: HDC

Row 4-6: DC

Repeat rows 1 - 6 until the scarf is 48"-50" long.

Fasten off and weave in tails.

Crochet Hat (21"-23" Circumference)

ABBREVIATIONS:

CH = Chain

ST(S) = Stitch(es)

SL ST= Slip Stitch

SC = Single Crochet

SC2TOG = Single Crochet Together

HDC = Half Double Crochet

HDC2TOG = Half Double Together

{ } = The number of stitches at the end of the round.

* = Repeat within row/round from * to *.

Round 1: Magic circle, CH 1, 10 SC in circle. SL ST to 1st SC (not the CH 1) {10 STS}

Round 2: CH 1, HDC in same ST as CH 1. **CH1 will count as a ST from here on out.** 2 HDC in each ST. SL ST to CH 1. {20 STS}

Round 3: CH1, HDC in same ST as CH 1, *HDC in next ST, 2 HDC in next ST*. SL ST to CH1. {30 STS}

Round 4: CH 1, HDC in same ST as CH 1, *HDC in next 2 STS, 2 HDC in next ST*. SL ST to CH 1. {40 STS}

Round 5: CH 1, HDC in same ST as CH 1, *HDC in next 3 STS, 2 HDC in next ST*. SL ST to CH 1. {50 STS}

Round 6: CH 1, HDC in same ST as CH 1, *HDC in next 4 STS, 2 HDC in next ST*. SL ST to CH 1. {60 STS}

Round 7: CH 1, HDC in same ST as CH 1, *HDC in next 5 STS, 2 HDC in next ST*. SL ST to CH 1. {70 STS}

Round 8: CH 1, HDC in same ST as CH 1, *HDC in next 14 STS, 2 HDC in next ST*. HDC in last 9 STS. SL ST to CH 1. {75 STS}

Round 8-24 (or until hat measures 6.5"-7" long for women and 7.5"-8" long for men): CH 1, HDC in each ST around {75 STS} Fasten off and weave in tails.

Crochet Hat Pattern 2

Stitches and Abbreviations:

Blo - Back Loop Only

Ch – Chain

Hdc - Half Double Crochet

Rpt – Repeat

Sk - Skip

Sl St – Slip Stitch

Yo – Yarn Over

Pattern Notes:

Pattern is worked in rows lengthwise.

Ch 1 at beginning of the row does not count as a stitch.

After row 1, the rest of the pattern will be worked in the BLO

Each time you return to your starting loop after working the row, sl st into the center of the loop before turning.

Note: you can change the length of your beanie as desired, simply make your starting chain the desired length, then add one additional chain.

Pattern:

Start by making a magic circle, then working out from that circle, ch 59.

Row 1: Hdc in the 2nd ch from hook and in each across; at the end of the chain, when you reach your beginning loop, sl st into the centre of the loop.
Turn. (58 hdc)

Row 2: Ch 1, working in the blo hdc in each st all the way across; turn.

Row 3: Ch 1, working in the blo hdc in each st all the way across; at the end of the chain, when you reach your beginning loop, sl st into the center of the loop.

Turn Rows 4 onward:

Repeat rows 2 and 3 until your work from the beginning measures approximately 19 inches or the desired width.

Turn hat inside out so that wrong side is facing.

Working through both thickness and the blo of both sides, sl st in each st across crocheting the two ends together.

Fasten off leaving a long tail.

Using the long tail, sew the top of the hat closed.

Fasten off and weave in your ends.