



Neck Gaiter

Material Needed:

No Pill Fleece Fabric 13" x 23"

Please choose muted colors such as brown, tan, grey, deep green or military tones, deep blues, deep reds, camo, or patterns that only include these colors. Please do not make neon and overly bright colored items.

Thread to match the fabric

Sharp Scissors

Measuring tape

Cloth marker, chalk, or Fine Tip Sharpie for marking your fleece

Begin by cutting the fleece as shown above. Fleece fabric only stretches in only one direction, so be sure that your 23" measurement is with the direction of the stretch.

Tip: To determine the wrong side versus the right, stretch the fleece with both hands on the stretchy width. The fleece will automatically curl to the wrong side by curling down along the edge.

Begin by laying out your fabric with the wrong side up. See the picture above for positions of seams.

Seam 1 Fold the top edge $\frac{3}{4}$ to 1" and sew your seam.

Seam 2 Repeat with the bottom edge

Seam 3 Sew the outside edges together making sure that all seams are on the wrong side of the fabric.

Turn the finished gaiter right side out and it's ready to wear!

This is an easy pattern that can be sewn by hand or machine. With a machine, you should be able to sew it together in less than 10 minutes. By hand, it will take a bit longer. This is a good project for beginners or those who are not too sure about their sewing machine skills.

If you are so inclined, add a drawstring under the top seam. When the string is pulled the gaiter can double as a hat!