

## **OPERATION GRATITUDE -- Handmade with Love Program**

### **Suggested Patterns**

**Crochet patterns** are designed for use with size 4 medium yarn with size 5-7 hooks.

#### **Abbreviations:**

CH = Chain

ST(S) = Stitch(es)

SL ST= Slip Stitch

SC = Single Crochet

SC2TOG = Single Crochet Together

HDC = Half Double Crochet

HDC2TOG = Half Double Together

{ } = The number of stitches at the end of the round.

\* = Repeat within row/round from \* to \*.

#### **Adult Hat (21"-23" circumference)**

**Round 1:** Magic circle, CH 1, 10 SC in circle. SL ST to 1st SC (not the CH 1) {10 STS}

**Round 2:** CH 1, HDC in same ST as CH 1. CH1 will count as a ST from here on out. 2 HDC in each ST. SL ST to CH 1. {20 STS}

**Round 3:** CH1, HDC in same ST as CH 1, \*HDC in next ST, 2 HDC in next ST\*. SL ST to CH 1. {30 STS}

**Round 4:** CH 1, HDC in same ST as CH 1, \*HDC in next 2 STS, 2 HDC in next ST\*. SL ST to CH 1. {40 STS}

**Round 5:** CH 1, HDC in same ST as CH 1, \*HDC in next 3 STS, 2 HDC in next ST\*. SL ST to CH 1. {50 STS}

**Round 6:** CH 1, HDC in same ST as CH 1, \*HDC in next 4 STS, 2 HDC in next ST\*. SL ST to CH 1. {60 STS}

**Round 7:** CH 1, HDC in same ST as CH 1, \*HDC in next 5 STS, 2 HDC in next ST\*. SL ST to CH 1. {70 STS}

**Round 8:** CH 1, HDC in same ST as CH 1, \*HDC in next 14 STS, 2 HDC in next ST\*. HDC in last 9 STS. SL ST to CH 1. {75 STS}

**Round 8-24 (or until hat measures 6.5"-7" long for women and 7.5"-8" long for men):** CH 1, HDC in each ST around {75 STS}

Fasten off and weave in tails.

#### **Abbreviations**

CH = chain

DC = double crochet

TR = triple crochet

## **Scarf Pattern #1**

**Begin with CH 14**

**Row 1-3: DC**

**Row 4: TR**

Repeat rows 1 - 4 until the scarf is no more than 36" long.

Fasten off and weave in tails.

## **Scarf Pattern #2**

Begin with CH 14

**Row 1** - DC or SC or TR the choice is yours! This pattern is designed for you to use the stitch you prefer. Just be sure that your scarf is 14 stitches wide.

Repeat until the scarf is no more than 36" long.

Fasten off and weave in tails.

## **Scarf Pattern #3**

1. Add a slipknot to your hook and crochet 13 chain stitches.
2. Chain stitch 3 more stitches. This will be your first "double crochet".
3. Count down 5 loops from the edge and double crochet into the fifth loop, this will be your second "stitch" on that row.
4. Double crochet each loop all the way to the end. You should have 13 completed stitches in the row, including the first chain of 3 you did at the start of the turn.
5. Continue to turn your yarn and repeat steps 2, 3, and 4 until you have the desired length of scarf.
6. When you're done, cut your yarn and pull it through the last loop and tighten. Hide your tail with a crochet needle.

## Knitting patterns using size 4 medium yarn

### **Pattern #1 the Circle Scarf Pattern:**

Using US 8 straight needles, cast on 20 stitches.

Row 1: \*K1, P1\*

Keep repeating this pattern for each row until you reach your desired length.

Bind Off

### **Abbreviations Used:**

K1= knit 1 stitch

P1 = purl 1 stitch

### **Pattern #2 the Seed Stitch Pattern:**

Using US 8 straight needles, cast on 20 stitches.

1. Row 1: \* K1, p1; repeat from \* to end of row.
2. Row 2: \* P1, k1; repeat from \* to end of row.
3. Rep Rows 1 and 2 until you reach your desired length
4. Bind off

### **Pattern #3 the Basic Garter Stitch Pattern:**

Cast on 20 stitches

Row 1: K1

Repeat row one until you reach your desired length

Bind off

### **Pattern #4 the Textured Stripe Scarf:**

Using US 8 straight needles, cast on 20 stitches.

1. Rows 1, 3, and 6: Knit.
2. Rows 2, 4, and 5: Purl.
3. Repeat Rows 1–6 until you reach your desired length.
4. Bind off.

### **Pattern #5 A very simple scarf:**

Cast on 20

K2, P2 for the entire scarf

Bind off

### **Knitting a hat with a circular needle:**

Use a size 8 16 inch circular needle

Cast on 60 stitches and join the ends with a K1

K1 for 43 rows

Row 44 until finished k1 dcr1 k1 repeat until there are approx 12 stitches left on the needles. Using a regular needle, bring the yarn through the last stitches and then tie off on the inside of the hat.

There are multiple variations you can use with this hat to keep it from rolling up. Here's a simple one. After you cast on, K5, P5 for the first 5 rows, and follow the rest of the pattern above. By adding stitches when you cast on, you can make the first 5 rows in any pattern you would like!

### **This hat can also be made using the rib stitch.**

In round 1, alternate knit and purl stitches in whatever configuration you choose (1 x 1, 2 x 2, and so on). In subsequent rounds, knit over the knit stitches and purl over the purl stitches. Finish off your hat as noted in the first hat pattern.

### **You can also make this hat by using a Garter stitch.**

After casting on, K1, P1

Finish off your hat as noted in the first hat pattern.

**Please don't feel that you have to use one of our patterns. If you have a favorite way to make a hat or scarf, please feel free to use your own pattern.**

**If you have questions, please let us know: [Info@OperationGratitude.com](mailto:Info@OperationGratitude.com)**

**OPERATION GRATITUDE -- Handmade with Love Program**